

The FresYes

Ultimate Back To School Shopping Checklist



Every school, every district, and every grade is going to be different in what they require but here's a starter list of essential items we think parents should consider while preparing for the Back to School season:

School Supplies:

- Notebooks
- Pens, pencils, erasers, and sharpeners
- Highlighters
- Rulers
- Scissors
- Glue sticks or liquid glue
- Index cards
- Backpack or school bag

Writing Tools:

- Mechanical pencils
- Colored pencils
- Markers
- Gel pens
- Correction tape or fluid

Lunch Gear:

- Lunchbox or lunch bag
- Reusable water bottle
- Food containers

School Uniforms/Clothing:

- Shirts/tops
- Pants/skirts/shorts
- Sweaters/jackets (if applicable)
- Socks and underwear
- Comfortable shoes

Electronics and Tech:

- Laptop or tablet
- Graphing calculator (if required)
- USB flash drives
- Headphones/earbuds
- Charging cables and power banks

Organization and Time Management:

- Daily/weekly planner or calendar
- Desk organizer or drawer dividers
- Wall calendar for the home
- Backpack accessories like keychains or tags for easy identification

Personal Hygiene:

- Hand sanitizer
- Tissues
- Personal care items like dental hygiene products, hairbrushes, etc.

School-specific Requirements:

- Check for any specific items required by the school, such as uniforms, textbooks, or specialized equipment.

Medical Supplies (if needed):

- Inhalers or EpiPens (if the child has specific medical needs)

Remember to involve your child in the shopping process, as they might have specific preferences or needs. Early planning and budgeting can also help make the Back to School shopping experience more organized and stress-free.

Best of luck to you! You got this!